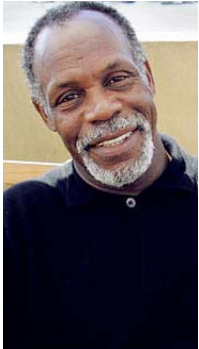


Advance Praise for Terrie M. Williams' *Black Pain*

Read for yourself what noted experts and celebrities from all over the country are saying about Terrie M. Williams' new book *Black Pain* and the national Black Pain Campaign.



Danny Glover: "Too many of us are in the dark about what depression is and how big a crisis it is in our community. *Black Pain* shines a spotlight on the issue, getting the message out that we must identify, understand, and seek the help we need to heal."



Mary J. Blige: "We've never had a book this personal to read that defines our feelings and helps us understand what to do to heal ourselves. I'm proud of Terrie for writing *Black Pain* so that everyone will finally recognize depression."



Patti LaBelle: "We as a people have had to deal with so much pain just as a result of racism and prejudice. Add to that, tragedy and the problems we face in everyday life, and it's no wonder depression affects so many. *Black Pain* shows us how to recognize that depression may be hidden and deal with it. It pushes us to give a voice to the pain without passing it on to others."

Iyanla Vanzant: "*Black Pain* is a wake up call, helping us see what happens when we drop the ball on ourselves by neglecting our mental and emotional health."



Dr. Cornel West: "Terrie Williams is the grand freedom fighter of her generation in the realm of public relations within mass media. She has inspired me for decades. This book reveals the depth of her courage and compassion. Don't miss it!"



Dr. Alvin F. Poussaint: "*Black Pain* is an immensely readable and down-to-earth book. It will motivate Black people who suffer with depression in silence to seek help. This book shines a bright light on the darkness of despair."



Sean "Diddy" Combs: "As a young African American male, you have to have your war face on at all times. It's all about maintaining your swagger. Some people like to run away from the uncut truth, but *Black Pain* is no slouch. It boldly confronts the reality of our pain head on, flowing like hot lyrics over the perfect beat."



Susan L. Taylor: *Black Pain* was written with love straight from the center of Terrie's heart. Because she loves us so and knows that too many of us are silently suffering, she has thrown her net far and deep to bring together all of the information, resources, and inspiration she can muster to let us know that we can be better; that we can live healthier, happier lives.



Jamie Hector: "I know so many Black men who walk with a black cloud over their heads. It's so real you can see it, but this darkness they cannot identify. Terrie Williams sheds light on the dark clouds and illuminates the road to healing."

E. Lynn Harris: "Living a closeted life with part of you hidden behind a door of depression is a sad, fragmented existence. *Black Pain* not only unlocks this door of misery, it breaks it off its hinges and shows us a pathway toward whole, healthy living."



Terry McMillan: "All of us have emotional burdens. Some of them can be solved and resolved. Some of them cannot. For the ones that can, you must arm yourself and fight. *Black Pain* offers us an arsenal of understanding, answers, and hope to win the battle."



Roland S. Martin: "Terrie has spoken directly to our issues and provided substantive and quality examples of how to shed our baggage. Now we act. So the real question is, 'What are you prepared to do now?'"



Felicia "Snoop" Pearson: "I come from a part of Baltimore where death and despair are a way of life. This book will change lives; I wish that I could pass it out to every Black family in Baltimore."



Bishop T.D. Jakes: "Terrie Williams', *Black Pain* takes a candid and in-depth look at depression in black America. It is a fascinating read that includes Terrie's own personal struggle with the often debilitating disease and provides a 'face' to the disease that inflicts millions, from every walk of life. I highly recommend this book."



Bebe Moore Campbell: "*Black Pain* brings a new understanding to the widely-held misperceptions and stigmas about depression. It's a powerful thing to admit the pain, to seek help, and to move on to a more productive, healthy, and fulfilling life."